

## Healthy Mouth Baseline



# *The Mouth is the Gateway to the Rest of Your Body*

- Oral Cancer
- Lumps and/or Sores
- Infection/Abscess

- Missing or Loose Teeth
- Crowded Teeth
- Large Gaps/Spaces

- Bad Breath/Taste
- Food Traps
- Dry Mouth
- Ice Chewing

- Frequent Headaches
- Clenching/Grinding
- Excessive Tooth Wear
- Jaw Pain/Clicking/  
Popping in Joint



- Deep Gum Pocket Depths
- Bleeding/Swollen/Red Gums
- Plaque/Tartar
- Receding Gums
- Gum Disease
- Smoking

- Chronic Fatigue
- Sleep Disorder/Snoring

- Cavities
- Hot/Cold Sensitivity
- Biting/Pressure Sensitivity
- Cracked/Broken Teeth
- Old Fillings
- Discolored Teeth
- Acid Reflux

Do you have  
any of these?

*A Healthy Mouth Will Help You Live Longer!*